



# NEW DOG CHECKLIST

## ESSENTIALS

- Collar \_\_\_\_\_
- NON SLIP Harness/Lead \_\_\_\_\_
- Name Tag w/ Phone No. \_\_\_\_\_
- Food \_\_\_\_\_
- Bowls \_\_\_\_\_
- Dog Bed \_\_\_\_\_
- Crate \_\_\_\_\_

## OTHER

- Poop Bags \_\_\_\_\_
- Toys - always monitor play! \_\_\_\_\_
- Treats \_\_\_\_\_
- Peanut Butter (NO Xylitol) \_\_\_\_\_
- Shampoo \_\_\_\_\_
- Sneakers for walkies \_\_\_\_\_
- Puppy Pads (if needed) \_\_\_\_\_

## MEDICAL

- Sign up with a local Vet \_\_\_\_\_
- Flea & Tick Prevention \_\_\_\_\_
- Heartworm Prevention \_\_\_\_\_
- First & Annual Check Ups \_\_\_\_\_
- Track Vaccination Schedule \_\_\_\_\_
- Pet Insurance \_\_\_\_\_
- Canine First Aid Kit \_\_\_\_\_

## MOST IMPORTANT

- LOVE** \_\_\_\_\_
- PATIENCE** \_\_\_\_\_

# The 3 Days, 3 Weeks, 3 Month Rule of Adopting a Rescue Dog

The 3-3-3 rule is a general guideline, every dog is unique and will adjust differently. Give your dog space and allow him to go at his own pace.

## 3D



### In the first 3 days,

- Feeling overwhelmed
- May be scared and unsure of what is going on
- Not comfortable enough to be "himself"
- May not want to eat or drink
- Shut down and want to curl up in his crate or hide under a table
- Testing the boundaries

## 3W



### After 3 weeks,

- Starting to settle in
- Feeling more comfortable
- Realizing this could possibly be his forever home
- Figured out his environment
- Getting into a routine
- Lets his guard down and may start showing his true personality
- Behavior issues may start showing up

© Rescue Dogs 101

## 3M



### After 3 months,

- Finally completely comfortable in his home.
- Building trust and a true bond
- Gained a complete sense of security with his new family
- Set in a routine

  
**RescueDogs101™**  
ADOPT LOVE TRAIN

# 7 IMPORTANT LESSONS BEFORE ADOPTING A DOG

## A Dog Adoption Checklist



**1**  
LIFESTYLE MATTERS –  
ARE YOU READY TO  
ADOPT?



**2**  
MY LANDLORD SAID  
NO – A DOG NEEDS A  
HOME



**3**  
WHEN I SAID “I DO” – I  
DIDN'T MEAN FOR LIFE



**4**  
THEY DIDN'T SAY I  
WAS RESPONSIBLE



**5**  
DOCTORS AREN'T  
JUST FOR HUMANS



**6**  
A WOOF MEANS  
WHAT?!



**7**  
DOGS ARE FAMILY  
TOO



### LIFESTYLE MATTERS – *Are you ready to adopt?*

Think about the type of person you are, along with your current, and potential future, lifestyle and commitments. These variables dramatically influence the compatibility between you and your dog.



### MY LANDLORD SAID NO – *A dog needs a home*

One of the most common reasons for dog owners giving away their dogs to shelters is that their landlord, or place of residence, doesn't allow dogs.



### THEY DIDN'T SAY I WAS RESPONSIBLE

There are many things that will influence the lifespan of a dog; size, breed, weight and its environment. But, the average lifespan for an American dog is 12 years. That's over 4,000 days; every one of which your dog will provide you with unconditional love.



### WHEN I SAID “I DO” – *I Didn't Mean for Life*

Your responsibility starts on their journey home, taking as many steps as possible to soothe and comfort your dog, and continues throughout their life. You are responsible for socializing, training, feeding, caring and most importantly loving your dog.



### DOCTORS AREN'T JUST FOR HUMANS

Once you have adopted a dog, taking them to see a trusted vet, within seven days, should be a priority to ensure your dog is fit and healthy; especially if you have existing pets in the household.



### A WOOF MEANS WHAT?!

New dog owners can easily misunderstand the body language of their dog. This can impact their ability to successfully train and care for their dog. Take some time, in advance of adoption, to research some basic dog body language.

### DOGS ARE FAMILY TOO

Each year hundreds of thousands of dogs make their way back to shelters; post-adoption return-to-shelter rates have been estimated to be as high as 20%. The decision to give a dog your time, resource and, most importantly, love should not be taken lightly.

# SUGGESTED CRATE SIZE FOR YOUR PET

 <p>12" 1lb. - 12lb. <b>SMALL</b></p>	 <p>17" 13lb. - 25lb. <b>MEDIUM</b></p>	 <p>21" 26lb. - 50lb. <b>LARGE</b></p>	 <p>26" 51lb. - 90lb. <b>EXTRA LARGE</b></p>	 <p>30" 91lb. - 110lb. <b>EXTRA EXTRA LARGE</b></p>
<p>CRATE SIZE <b>20"H</b> <b>17"W</b> <b>24"D</b></p>	<p>CRATE SIZE <b>21"H</b> <b>19"W</b> <b>30"D</b></p>	<p>CRATE SIZE <b>25"H</b> <b>22"W</b> <b>36"D</b></p>	<p>CRATE SIZE <b>30"H</b> <b>28"W</b> <b>42"D</b></p>	<p>CRATE SIZE <b>32"H</b> <b>30"W</b> <b>48"D</b></p>
<p>CRATE WEIGHT <b>13LB</b></p>	<p>CRATE WEIGHT <b>17.5LB</b></p>	<p>CRATE WEIGHT <b>24LB</b></p>	<p>CRATE WEIGHT <b>32LB</b></p>	<p>CRATE WEIGHT <b>34.5LB</b></p>
				

## HOW TO FIT A HARNESS LEAD

### VERY IMPORTANT TO PROPERLY FIT!

TO PROPERLY SIZE FOR A DOG,  
MOVE THE TWO ADJUSTABLE BLACK STOPS  
SO THEY ALIGN ALONG BACK PORTION OF  
FRONT LEG EXACTLY AS SHOWN



THE BLACK STOPS POSITIONED  
AS SHOWN PREVENT  
TIGHTENING AROUND NECK

\*IF THEY ARE POSITIONED TOO FAR FORWARD  
IT WILL BE TOO TIGHT ON NECK

\*IF THE STOPS ARE POSITIONED TOO FAR BACK,  
IT WILL BE ILL FITTED AND LEASH WILL FALL  
BACK BY STOMACH

# GOT KIDS?

## How Kids SHOULD NOT Interact with Dogs

It's common sense. Just imagine how people should interact with each other.

Avoid taking people's food



Avoid bothering dogs when they are eating



Avoid stealing other people's toys



Avoid taking a dog's bones or toys



Avoid putting your face right up to someone else's face



Avoid putting your face right up to a dog's face



Avoid bothering when asleep



Avoid bothering animals when they are resting. Let sleeping dogs lie.



Avoid pestering



Avoid grabbing tail/ears



Avoid climbing on or trampling



Avoid climbing on or trampling



Avoid pinching



Avoid hugging. Most dogs dislike it.



Avoid screaming around



Avoid hollering and shouting. Use your "inside" voice instead.



Dr. Sophia Yin, DVM, MS  
*The Art and Science of Animal Behavior*

For additional free dog bite prevention resources and more dog behavior books and products, visit [www.drSophiaYin.com](http://www.drSophiaYin.com).



# ALCOHOL



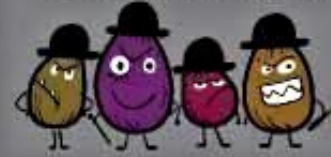
COMA  
DEATH  
INTOXICATION

# AVOCADO



CONTAINS PERSIN:  
VOMITING  
DIARRHEA

# RAISINS CURRANTS



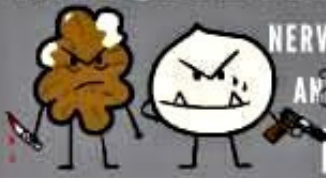
KIDNEY  
FAILURE

# COOKED BONES



STOMACH  
LACERATIONS

# WALNUTS MACADAMIAS



NERVOUS SYSTEM  
AND MUSCLE  
DAMAGE

# ONIONS GARLIC



TOO MUCH  
BLOOD CELL  
DAMAGE  
ANEMIA

# DAIRY



TOO MUCH:  
DIARRHEA

*the world's*

MOST

# DANGEROUS



# FOODS

FOR DOGS

# GRAPES



KIDNEY FAILURE

# MUSHROOMS



SOME VARIETIES:  
SHOCK  
DEATH

# FATTY FOODS



TOO MUCH:  
PANCREATITIS

# CAFFEINE



VOMITING  
DIARRHEA

TOXIC TO HEART & NERVOUS SYSTEM

# XYLITOL



(GUM, CANDY ETC.)  
LIVER FAILURE  
HYPOGLYCEMIA  
DEATH

# CHOCOLATE



TOXIC TO HEART  
& NERVOUS  
SYSTEM  
DEATH

# PET INSURANCE 101

The options for pet insurance are growing every day and can be confusing. Here is an overview of what it is and what it is not, how it works, and key terms you need to know to make the right pet insurance decision for you and your pet.

## WHAT IS PET INSURANCE?

**WHAT IT IS**  
Pet Insurance is coverage for veterinary bills due to unexpected accidents or illnesses.

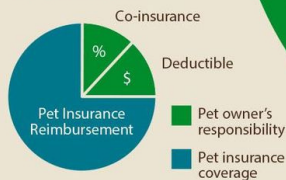
**WHAT IT IS NOT**  
Pet insurance is not an investment or a health savings plan.



### PET OWNERS WITH PET INSURANCE BY COUNTRY



### TYPICAL VET BILL



### PRE-EXISTING CONDITIONS

An illness or condition which first occurred or displayed signs prior to pet insurance coverage.

### WAITING PERIODS

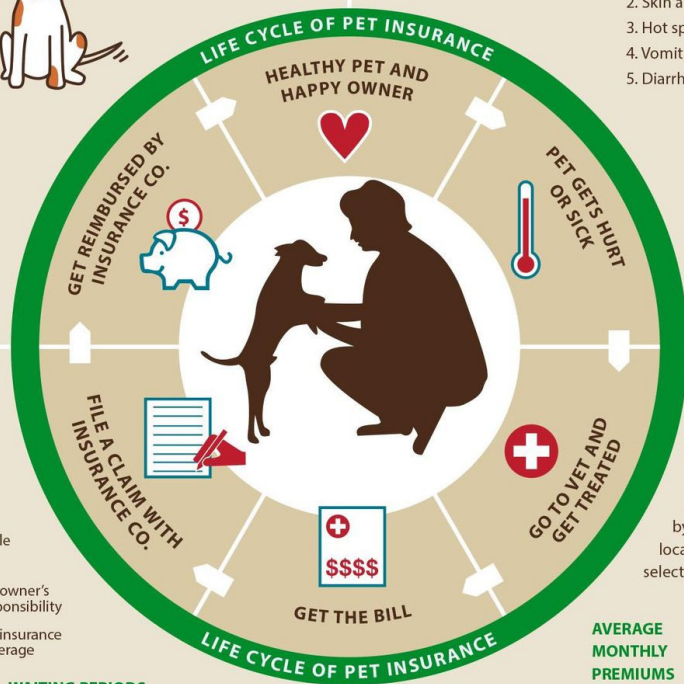
Period of time directly following sign-up but before full coverage begins. Illnesses or accidents that occur during waiting periods will not be covered and will be considered pre-existing conditions.

## WHY CONSIDER IT?

Though we don't like to think about it, most pets get hurt or sick at some point in their lives.

### MOST COMMON HEALTH PROBLEMS WITH PETS

- DOGS**
1. Ear infections
  2. Skin allergies
  3. Hot spots
  4. Vomiting
  5. Diarrhea
- CATS**
1. Lower urinary tract problems
  2. Vomiting
  3. Chronic kidney failure
  4. Hyperthyroidism
  5. Diabetes



**\$2500**

Starting vet bill for a dog's torn knee ligament

### PREMIUMS

The monthly cost for pet insurance. This will change by type and breed of pet, location, age of pet and the selected coverage plan.

### AVERAGE MONTHLY PREMIUMS

Cats • **\$12-\$36**

Dogs • **\$25-\$65**

### DEDUCTIBLE

The portion of the vet bill the pet owner is responsible for before the pet insurance provider will start payment.

### CO-INSURANCE

The percentage of the vet bill the pet owner is responsible for versus what the pet insurance provider will pay.

## PET INSURANCE CHECKLIST

Compare policy features, terms and conditions to find the right pet insurance policy for you AND your pet's needs — know what you're buying!

- Is the policy and information easy to understand?
- Find out what IS covered and what IS NOT covered by the different policies. Which policy fits your needs the best?
- What are the co-insurance and deductible options for the policy? Will this fit your financial situation if you need to file a claim?
- Does the company pay out based on the actual vet bill or by a benefit schedule? Understand the difference.
- Are there coverage limits per incident, per year, per lifetime? If so, understand what they are.
- Are conditions that were diagnosed one year considered pre-existing conditions the next year?
- Is the company licensed in your state and do they have a good reputation? Ask your vet and read reviews.



## HOW DOES IT WORK?

## HOW MUCH DOES IT COST?

**trupanion**

Medical insurance for your pet.

[trupanion.com](http://trupanion.com)

Underwritten by American Pet Insurance Company

# TYPES OF PET INSURANCE

(And common examples of what each covers)



### Accident Coverage

- Torn ligaments
- Broken bones
- Bite wounds
- Foreign body ingestion
- Poisoning
- Eye trauma
- Injuries
- Emergencies



### Illness Coverage

- Skin infections
- Cancer
- Arthritis
- UTIs
- Allergies
- Ear infections
- Vomiting and diarrhea
- Obesity
- Internal parasites



### Wellness Coverage

- Annual exams
- Spay/neuter
- Routine testing
- Vaccinations
- Teeth cleanings
- Flea, tick and heartworm treatments

## The 9 Best Pet Insurance Plans of 2020

- [Nationwide](#): Our Pick for an Overall Rating
- [Healthy Paws](#): Our Pick for Overall Value
- [ASPCA](#): Our Pick for Multiple Pets
- [Embrace Pet Insurance](#): Our Pick for Emergencies
- [PetFirst Pet Insurance](#): Our Pick for Routine Care
- [Trupanion](#): Our Pick for Hereditary Conditions
- [PetsBest](#): Our Pick for Older Dogs

<https://www.investopedia.com/best-pet-insurance-4787972>